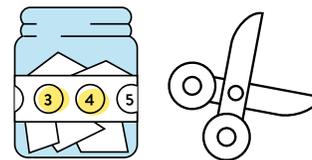


Winter Break Activities for Families

Embrace the fun over winter break with these creative activity ideas. Cut out the cards and drop them into a jar for kids to choose from. Challenge them to complete 10 before the New Year!



SNAIL MAIL

Pick a friend or family member and write them a letter the old-fashioned way. Use a pen, paper, envelope, stamp, and your brain—no computer! Make sure to ask them to write back before you drop your letter in the mailbox.



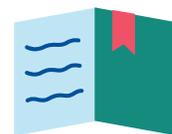
FAMILY NEWSLETTER

Make and send out a family newsletter. It can be digital or just stapled paper. Try including a variety of stuff: news, interviews, history, recipes, and more.



GRATITUDE LIST

Think of three things you're grateful for. Describe exactly why you appreciate these things, to yourself or someone else.



CREATE A KINDNESS CHALLENGE

Think of a way your family can show kindness to each other this week. How can you help each other or make the day better?



COMMUNITY GIFT BOX

Decorate a cardboard box. Use it to store gifts for local charities. Put in toys to donate, food to give, and more!



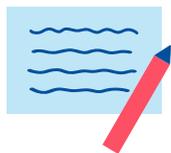
FAMILY PHOTO ALBUM

Take some time together to curate your best family photos, and put them into a digital or old-school album. Create a theme or just choose your favorites.



WHAT CAN YOU GIVE?

Make a list of things you can gift, like toys, clothes, money, skills, time, or love. Figure out whom or what to give those things to.



THINKING ABOUT TRADITIONS

Write down your family or personal traditions for the holidays. Which do you enjoy the most? Are there new ones you'd like to create?



SHOW THE SEASON

Color and cut out snowflakes, flowers, leaves, and more to decorate your windows to show the season or a holiday that means something to your family.



Tape this to the jar and X out or color as you complete an activity:



VIDEO-CHAT WITH A FAMILY MEMBER

Make sure to keep connected with family, especially older people in your life. Let them know what you are learning in school.



FOREVER FLOWERS

Use some art supplies to create a bouquet of flowers for a family member. Write a note or draw a picture to go with it.



EXPLAIN EMPATHY

What does it mean to have empathy? Write a poem, create art, or make a picture book that expresses your point of view.



HELP OUT

Ask an adult how you can help for 15 minutes. Or set a timer and find something to clean, wipe, or put away until the alarm sounds.



FAMILY FRIDGE QUOTABLES

Each week have a family member curate a collage of quotes—from family, friends, or famous people—on your fridge. You can use sticky notes or get creative with your own cutout shapes.



MAKE A DEVICE-FREE DINNER

Prepare a meal for your family, and then enjoy it together. The catch: All devices should be locked away.



SECRET MESSAGES IN INVISIBLE INK

Find two pieces of paper and put one over the other. Now write something with a pencil, applying as much pressure as possible. The bottom sheet now has the secret message. Shade it gently to read it!



CREATE A CARDBOARD ARCADE GAME

Grab some cardboard and any art supplies you have to build a playable game for your family. Think Skee-Ball made out of boxes!



CALL AN ELDER

Call a grandparent, a neighbor, or a friend of the family to check in on them and make their day. Maybe tell them a joke!



ROSE, BUD, THORN

Describe your day to a family member with one thing that fits each category, including something positive (rose), something hopeful (bud), and something challenging (thorn). Take turns sharing.



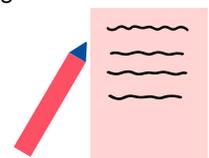
PAPER AIRPLANES

Try folding paper into airplanes without a model. Then look up different techniques. Which ones fly the farthest?



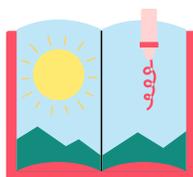
LETTER OF APPRECIATION

Practice your writing skills by writing a thank-you note to your favorite teacher. Include a drawing, too!



DRAW YOUR FEELINGS

Find some markers and paper and turn your emotions into art. What color is joy? Sadness? Boredom? Love?



LOVE ALL AROUND

Color paper hearts and cut them out. Then write messages on each one, and place them around the house for your family members to find.



DANCE PARTY!

Listen to your favorite kid-friendly playlist, and bust a move!

